

# LUNCH <sup>12 TO 5 PM</sup> MENU

## SANDWICHES

### PULLED PORK SANDWICH €8.50

Pulled slow roast Pork Shoulder in toasted Italian Ciabatta with house Tomato Chutney, grilled Peppers and Onion served with house Coleslaw.

### EL CUBANO PRESSED SANDWICH €8.50

Pulled slow roast Pork Shoulder in grilled and pressed Ciabatta bread with glazed Ham, Swiss Cheese, Pickled Gherkin and american Mustard.

### LOADED ITALIAN SAUSAGE SUB €8.50

Traditional Italian Salsiccia braised with mixed Bell Peppers and Onion in Rustic Baguette topped with Provolone Cheese melt and House Mustard Sauce.

### CLUB SANDWICH €7.50

Classic toasted Bread with grilled Chicken Breast, Bacon, Buffalo Mozzarella, Lettuce, Tomatoe and Mayonnaise.

### BLACKENED SALMON BLT €9.50

Classic toasted Bread with Mixed Leaf, Tomatoe, Avocado, crispy Bacon, grilled blackened Atlantic Salmon and Traditional Mayonnaise

### PORTOBELLO SANDWICH €6.50

Oven baked Portobello Mushroom, roasted Red Pepper, on crispy Cos, Tomato, red Onion, garnished with Basil Pesto Mayonnaise and topped with Swiss Emmental melt.

### OPEN STEAK SANDWICH €11.50

Prime Irish Scotch Fillet on toasted Rustic Baguette with crunchy Peppers and Cheddar melt. Garnished with Homemade Brandy Peppercorn Sauce

## STEW €11.50

### BEEF AND VEGETABLE GOULASH

Slow pot braised Irish Beef in hearty Onion, Carrot, Peppers and Potatoe Sauce. Served with a Bowl of Rice

ADD A SMALL BOWL OF SOUP WITH ANY SANDWICH ADD €3.50



## SALADS €10.50

### HONEY MUSTARD CHICKEN BACON AND AVOCADO

Grilled Fresh Chicken Breast, Crispy Bacon And sliced Avocado, Cos Lettuce, Cherry Tomato, Red Onion and Sweetcorn. With Honey Mustard Dressing

### CHICKEN CEASAR SALAD

Mixed leaf, Cucumber, grilled Irish Chicken, crispy Bacon, Croutons and Ceasar dressing

### GREEK & AVOCADO

Cos and Mixed leaf, Feta cheese, Tomato, Kalamata Olives, Avocado, Oregano and EVO Oil dressing

### CAJUN CHICKEN AND STRAWBERRY

Grill Blackened Chicken Fillet Breast, Rocket Leaves, Spinach, Carrot, Goats Cheese and Strawberry with Citrus Vinaigrette Dressing

### MEXICAN CRISPY TORTILLA SALAD

Mixed leaf, Sweetcorn, Red Peppers, Red Onion, Avocado, Feta Cheese Blackened Chicken and Mexican Dressing

All salads served with garlic, herbs and olive oil stonebaked focaccina.

## WRAPS €7.50

### GRILLED VEG AND BUFFALO MOZZARELLA

Grilled Zucchini, Aubergine and Bell Peppers rolled with Sundried Tomato and Buffalo Mozzarella and Basil Pesto

### BLT CHICKEN AND BACON

Grilled Bacon, Grilled Chicken Breast, Tomato, Cos Lettuce, Cheese, Home Mayo, Tortilla Wrapped

### SLOW ROAST PORK AND AVOCADO

Pulled Slow Roast Pork, Avocado, Red Onion, Cheese and Chipotle Mayo, Tortilla Wrapped

## SOUP DU JOUR

### Homemade Bowl of Soup €5.50

Served with lightly olive oil and garlic garnished toasted Sourdough. A meal in itself.

GLASS OF HOUSE WINE

OR PINT OF BEER ADD €5



## FRESHLY SQUEEZED FRUIT JUICES

Raw natural juices are freshly made to order just for you



€3.50

### RAW JUICE

Carrot, Cucumber, Orange and Apple

### BLUEBERRY SPICE

Blueberry, Apple and Carrot with taste of Ginger

### CORE JUICE

Apple and Orange

# LUNCH <sup>12</sup><sub>5 TO</sub> PM MENU

## PIZZA

9" and 12"

### MARGHERITA

Pizza Sauce, Mozzarella Cheese

### MARGHERITA BUFALINA

Pizza Sauce, Buffalo Mozzarella, Cherry Tomatoes, Basil and Olive oil

### HAM & MUSHROOM

Pizza Sauce, Mozzarella Cheese, fresh Ham and Mushrooms

### CHORIZO

Pizza Sauce, Mozzarella Cheese Chorizo, Mushrooms and Jalapenos

### PEPPERONI SPECIAL

Pizza Sauce, Mozzarella Cheese, Pepperoni, Salami and mixed Peppers

### PRIMAVERA DELUXE

Pizza Sauce, Mozzarella Cheese, Ham, grilled Chicken, Mushroom, Peppers and Sweetcorn

### CAPRICCIOSA

Pizza Sauce, Mozzarella Cheese, Ham, Salami, Artichokes and Olives

### SAN MARZANO

Pizza Sauce, Mozzarella Cheese, Sundried Tomatoes, Brie, grilled Chicken and red Onion

### RUGANTINO

Pizza Sauce, Mozzarella Cheese, Cherry Tomatoe, Mushroom, Salami, Gorgonzola and Basil

### MED VEG

Pizza Sauce, Mozzarella Cheese, grilled Aubergine, Zucchini, mixed Peppers, red Onion, Garlic and grated Parmesan.

ALL 9" 8.50

ALL 12" €10.50

## NOODLES

RICE

### PAD THAI NOODLES €11.50

Rice Vermicelli Noodles, Tamarind sauce, Prawns, Chicken, Beansprouts, Onion, topped with crushed Peanut and Coriander.

### KAENG KARI THAI CHICKEN CURRY €11.50

Grilled Chicken Breast in hearty traditional mild Thai Curry with spring Onion, Bell Peppers, and Bamboo Shoot Served with Rice [Vegetarian also Available]

### KING PRAWN PIL PIL €11.50

Grilled King Prawn Tossed in a Tamarind and Soy Sauce with Bell Pepper, Carrot and Onion. Served with Steamed Rice and Pickled Ginger

### DAILY PASTA SPECIAL €11.50

Please ask your server for today's pasta.

## BRASSERIE

### EGGS BENEDICT €8.50

Poached Eggs served on english Muffin with Ham, Spinach and topped with Hollandaise sauce. [w/Salmon add €1.00]

### TOULOUSE SAUSAGE €12.50

With fried Eggs, and Lyonnaise Potatoes.

### STEAK AND EGGS €17.50

Grilled 10 oz Ribeye steak topped with Poached Eggs and House Steak Sauce. Served with homemade Chips

### FISH N' CHIPS €13.50

Traditional Dublin style battered Fresh Cod Homemade Chips and Tartare sauce.

GLASS OF HOUSE WINE  
OR PINT OF BEER €5

## BURGERS

all our burgers are freshly made on the premises with 100% Irish Beef from local suppliers W. Clarke Butchers

### CLASSICO €9.50

Prime Beef patty, Lettuce, Tomatoe crispy Onion and Burger sauce

### BACON AND CHEESE €10.50

Prime Beef patty, Lettuce, Tomatoe crispy Onion, Bacon, Cheddar cheese and Burger sauce.

### BELLA NAPOLI €10.50

Prime Beef patty, Lettuce, Tomatoe Red onion, buffalo Mozzarella and Pesto mayo.

### BISMARCK €11.20

Prime Beef patty, Lettuce, Tomatoe crispy Onion, Bacon, poached Egg and Hollandaise sauce

### WALDORF €11.20

Prime Beef patty, Gorgonzola Cheese, freshly sliced Prosciutto, Lettuce, Tomato and Crispy onion with regular Mayo

### CHICKEN FILLET €8.50

Marinated Chicken fillet Breast, Lettuce, Tomato, red Onion and Burger sauce